

A&M Soldier List 2023

Note: Please note the items in bold print. Following these requests will save a lot of time when processing the boxes. THANKS!!!

The first two items are the most requested items. Healthy snacks and food items they can carry into the field (especially protein items) are the next highest requested.

- Letters
- Pictures drawn by kids; notes written by kids
- Snacks (Pringles chips, peanut butter or cheese crackers, hard candy, beef jerky, canned fruit with pop top lids or dried fruit, nuts, microwave popcorn, protein bars, trail mix, chocolate (sent **before** May and **after** September), Girl Scout cookies – small healthy snack items that can be carried into the field and drink mixes that can be added to water bottles has been requested a lot.)
- Gum, tic tacs (**please don't bring Lifesaver mints**; regular Lifesavers are okay)
- Coffee, hot chocolate, sweetened drink mixes (Hawaiian Punch, Crystal Lite, Mio, etc. – packets to pour into a bottle of water)
- AA and AAA batteries
- **Current** magazines – no more than 3 months old (Newsweek, Time, People, Women's Health, Men's Health, motorcycle/car magazines, fishing/hunting, guns; female mags. should be geared more toward younger ladies) **Tear off or mark out your address information.**
- Sunday comics
- Toothbrushes, toothpaste, mouthwash (travel size), floss, nail clippers, tweezers, emery boards, manicure/pedicure items (**no** nail polish or perfumes)
- Shampoo, conditioner, lotion, vanity kits, sewing kits (travel ones are great)
- Sunscreen (no aerosol sprays), **non-alcohol** hand sanitizer
- Bug spray (non-aerosol) or towelettes
- Bobby pins, black or brown ponytail bands
- Shaving gel (**in tubes only - no cans**), razors (5 blades), shower gel, deodorant, non-Tide detergent pods, fabric softener sheets
- Acne face wash, female-oriented face wash & moisturizers
- Name brand feminine hygiene items, foot fungal crème or powder, shower scrubbies/loofahs
- Unscented baby wipes, Dude Wipes, Lysol or Clorox cleaning wipes
- Small bottles of over the counter pain relief, antacids, bandaids, eye drops, muscle pain cream (or patches)
- Toys: Nerf balls, yo-yo's, handheld games, dice, water balloons, puzzle books, adult coloring books & colored pencils/pencil sharpeners (Check out the \$1.00 aisles at Target or Dollar Tree). Most of the troops are the ages of your A&M kids – things your kids would like, they would like, too.
- Men's & women's black socks (boot, crew, or ankle length)
- Men's & women's tan socks (crew or boot length)
- Tan or olive green t-shirts (all sizes except S, Walgreen's usually has these & Hobby Lobby puts theirs on sale pretty regularly)
- Holiday-related items would be good if you see anything you think they'd enjoy.
- Small bibles, pens, crosses, rosaries, religious pocket coins

Tobacco and aerosol products are not allowed. Products with alcohol in them are not allowed: perfume, hand sanitizer, nail polish, etc.

Note: If you bring toiletries, pre-bagging them is a help. Anything that can melt or leak needs to be bagged. Multiples can go in one bag, but they need to be able to lie flat. If the item has a pop-top lid, please tape down before it is bagged.